

7th November 2024

Dear Parent/Carer

As a school we have taken the decision to ban the consumption of energy drinks, including sports style drinks during school time. We believe this will have a long-term benefit to students in promoting a healthy lifestyle and maintaining a balanced diet.

Students will not be allowed to consume these drinks during school hours. This includes tutor times, class times, break and lunch time. Any drinks brought into school will be confiscated and disposed of.

Water fountains are available in the dining hall and we ask that you encourage your son/daughter to bring a refillable water bottle into school which they can refill at break and lunch times.

Thank you for your support with this.

Yours sincerely



Mr A Dryden
Principal