

28<sup>th</sup> November 2024

Dear Parent/Carer

## **NUT ALLERGY**

We are aware that a child in school has a severe allergy to nuts. This allergic reaction (anaphylactic shock) can occur through ingestion of nut products, and if they touch nuts.

Since this condition can be life threatening, we are asking for your help in minimising the risk to this child by:

- a) Avoiding giving children nuts in school lunches
- b) Avoiding giving peanut butter sandwiches, other spreads containing nuts snacks/bars containing nuts or labelled 'may contain nut traces' in school lunches
- c) Asking children not to share their food

We do acknowledge that many foods are labelled as 'may have been produced in a factory handling nuts and cannot be guaranteed to be nut free'. Such items will be allowed in school as it would be unreasonable to expect these to be kept out of school. Please note where a member of staff notices a pupil eating a nut product near to the child with the allergy, the product will be removed politely and the member of staff will explain why this has to be done.

Due to the severity of the problem, it is important that we all support the suggested measures and reduce the risk of an allergic reaction for this child.

We thank you for your co-operation.

Yours faithfully



**Mrs L Bell**  
**Senior Vice Principal**