

NORTHERN LEADERS TRUST LEARNING JOURNEY - PSHE



KS4 students who do not take GCSE Religious Studies as a GCSE cover that statutory elements of Religious Education as part of their PSHE curriculum which is delivered weekly.

	Autumn 1- Staying Safe online and Offline	Autumn 2- Relationships and Sex Education	Spring 1- Life Beyond School	Spring 2- Health and Wellbeing	Summer 1- Rights, Responsibilities and Values	Summer 2- Diversity and Equality (RSE Y9)
Year 7	Staying safe online and offline: A study of online safety, nicotine, and alcohol risks.	Friends, Respect and Relationships: A study of good friendships, influence and being positive.	Manging Change: A study understanding transition points in your life, community, and careers.	Puberty and Body Development: A study of personal hygiene and growing up.	Politics and Parliament: A study of the separate roles in parliament and how elections and campaigning works.	Celebrating Differences: A study celebrating multicultural Britain and breaking down stereotypes.
Year 8	Dangerous Society online and offline: A study of gangs, county lines and cyber bullying.	Identity, relationships, and sex education: A study of healthy relationships, being yourself and dealing with conflict.	Proud to be me: A study of employability skills and career aspirations.	Physical health and mental wellbeing: A study of what is mental health, healthy eating, and stress management.	Law, Crime and Society: A study in building cohesive communities and how laws are passed in parliament.	Equality and Diversity explored: A study of the Equality Act 2010 and protected characteristics
Year 9	Legel and illegal drugs: A study of distinct types of drugs and classifications	Sex, the law and consent: A study of the law in relations to partners and understanding of consent.	Essential life skills: A study of labour market information, finance, and budgeting and first aid.	Body confidence: A study of self esteem changes, media and airbrushing and bullying.	Combatting Extremism and Terrorism: A study of war and conflict and the influence of extreme views.	Contraception and STI's: A study of relationships, sexual safety, and choices.
Year 10	Violence, crimes and seeking safety: A study of online gaming and gambling and modern-day slavery.	Risk and Relationships and sex education: A study of unhealthy relationship signs, media influence and risks	Rights and Responsibilities: A study of use of social media and employment and employment rights and understanding a pay check.	Mental health and Wellbeing: A study of promoting emotional wellbeing, awareness of mental health illness and screen time.	Exploring British Values: A study identifying Human rights, mutual respect and tolerance.	Exploring world issues: A study if international organisations, aid, and support.
Year 11	Staying Safe: A study of group chats, streaming, festivals, and party risks.	Sexual Health: A study of importance of sexual health and social pressures and choices.	Your Future and beyond: A study of Post 16 options, writing a	Adult health and looking after yourself:	Financial support: A study of taxes, employment benefits and insurance.	

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			personal statement and CV writing.	A study of cancer awareness, self-care, and organ donation		
Year 12	Risks, personal safety, and Drugs: A study of alcohol and spiking, travelling abroad and drink driving.	Relationships, Values and Consent: A study of relationship values, consent around the world and expectations in a relationship.	Work, careers and pathways: A study of answering job interview questions and knowing strengths and skills.	Healthy lifestyles and Mental Health: A study of balancing work and life, healthy diet on a budget and support.	Media Literacy and Digital Resilience: A study of networking and online reputation, managing online privacy.	Bullying, abuse, and discrimination: A study of harassment, coercion, and de-escalating situations
Year 13	Forming Respectful Relationships: A study of toxic relationships, power differences and breaking up.	Contraception and Parenthood: Routes to parenthood and unintended pregnancy.	Employment and Responsibilities: A study of professional conduct, confidentiality in the workplace and trade unions.	Sexual health and Self Concept: A study of body modifications, body image and sexual health misconceptions.	Financial choices: A study of Consumer rights, understanding rental contracts and budgeting at university.	