

February 2024

## Studio West PE Kit Policy

### PE items

The following items are expected to be brought into school with students on PE timetabled days in a rucksack/ school bag of their choice. Students will then change on site in the school changing rooms at the PE department, ready for their PE lesson.

Item	Price	Purchasing
Navy blue Studio West polo shirt	from £11.67	TCU Uniforms
Navy blue Studio West leggings	from £12.50	TCU Uniforms
Navy blue Studio West tracksuit bottoms	from £11.67	TCU Uniforms



Studio West Track Pants



Studio West PE Polo



Studio West Leggings



Studio West - Soft Shell jacket

### Purchasing PE items

All items as part of the PE kit can be purchased from Top class uniforms. Please see weblink below and contact number for the local shop.

**TCU Group** [www.tcugroup.co.uk](http://www.tcugroup.co.uk)

0191 271 0000

### Optional PE items

The soft-shell jacket is optional to wear as part of kit, alternatively a plain navy jumper or hooded sweatshirt can be worn to keep warm when we are outdoors. This must be a plain non-branded item and black or navy only. Additional layers can be worn under the PE kit to keep warm when outside as part of lessons in colder temperatures.

Soft shell jacket navy	From £30.00	<a href="#">TCU Uniforms</a>
Quarter zip jumper navy	From £18.00	

Studio West is part of Northern Leaders Trust

Registered Office: Kenton School, Drayton Road, Newcastle upon Tyne, NE3 3RU

Company Number: 07964133 VAT Number: 138456885

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Please note:

- students own school outdoor jackets are not permitted to be worn as part of PE lessons.
- the black school jumpers that are an optional part of the school uniform, should not be worn on top on the PE polo shirts.
- All jewellery must be removed during PE lessons.
- Long hair is to be tied back.
- No chewing is allowed or the eating of any food items during classes, this is a priority to keep all our students safe in classes.
- Water bottles are allowed to be used but must be filled prior and after classes not during lessons.

### Protective Equipment Statement

All contact sports carry the risk of injury; therefore, although not compulsory, we strongly recommend the use of personal protective equipment during participation in contact sports, for example: Football, Rugby, American Football, Hockey. This includes the use of shin pads and oral protective equipment (mouth guards/gum shields). This equipment is widely available from sports shops. The British Dental Association recommends that anyone engaged in contact sports should wear a well-made mouth guard to reduce the risk of injury to teeth. They go on to say that a custom-made mouth guard designed by a dentist will provide a better fit, and, in the cases of students who have a brace, may be essential.

Parents and guardians should seek advice on mouth guards from their dentist, as some types may not be suitable in some circumstances. Frequent questions can arise regarding the need for the wearing of protective equipment by students engaged in relevant sports, such as Football, Rugby, American Football, Hockey. Mouth guards and shin pads can provide useful protection against injuries in activities such as these. Their provision is the responsibility of the individual student and his/her parent/s or carers. It is recommended, but not compulsory, that they should be included as part of the student's physical education kit. When worn, they need to be properly fitted and cared for. Mouth guards/gum shields are personal and must never be shared or borrowed. If you have any difficulties providing kit for your child or if you have any queries or concerns, please contact the sports department.

### PE Kit Monitoring

Wherever possible, support is provided to ensure that all students have the correct PE kit to be actively taking part in school PE lessons and after school activities. If any additional support is needed, please contact the PE department directly via email: [Stacey.latty@northernleaderstrust.org](mailto:Stacey.latty@northernleaderstrust.org) or the main school reception via email: [studiowest.admin@northernleaderstrust.org](mailto:studiowest.admin@northernleaderstrust.org)

In the event that students forget to bring kit, they can borrow kit from the PE department. All kit is cleaned and stored in the changing rooms for students to obtain. Where students refuse to borrow kit, this will result with a C4 consequence (this is an after-school detention). If this action is repeated parents will be contacted, and support will be provided where needed.

**Ms S Latty**  
**Faculty Lead**  
**Life Sciences**

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