



National Online Safety®

#WakeUpWednesday



# Online Safety Tips For Children



Do's



Don'ts

- 1 KEEP YOUR PERSONAL INFORMATION PRIVATE ONLINE**  
Only share it with people you know like friends and family. Ask a trusted adult, like your teacher or a family member, to help you change your privacy settings so that strangers can't see it.
- 2 SPEAK POLITELY AND BE KIND TO OTHERS WHEN YOU SPEAK TO THEM ONLINE**  
Treat them like you would treat them in real life and always remember your manners.
- 3 TELL A TRUSTED ADULT IF YOU ARE BEING BULLIED ONLINE**  
If other another person is sending you nasty messages, a trusted adult will be able to help you collect evidence and report the person to the relevant authorities.
- 4 USE PASSWORDS TO PROTECT YOUR PERSONAL INFORMATION**  
Ask a trusted adult to help you create a password that you can easily remember but which is hard for other people to guess.
- 5 ALWAYS CHECK WITH A TRUSTED ADULT FIRST BEFORE USING A DEVICE OR DOWNLOADING A NEW APP**  
This is so that they can check it is safe for you to use and make sure the privacy settings are right.
- 6 TELL A TRUSTED ADULT IF YOU SEE SOMETHING ONLINE WHICH YOU DON'T LIKE**  
This can include anything that upsets you, makes you feel sad or which you're unsure about.
- 7 USE THE INTERNET TO HAVE FUN AND TO HELP YOU FIND OUT INFORMATION ABOUT THINGS**  
Remember to ask your trusted adult for help and always use child friendly search engines so that the information you get back is safe.

- 1 ACCEPT FRIEND REQUESTS FROM STRANGERS OR PEOPLE YOU DON'T KNOW**  
Always tell a trusted adult if somebody you don't know tries to contact you online.
- 2 SPEND TOO MUCH TIME ON YOUR DEVICE**  
Instead, go out and play with your friends, get some fresh air and try to exercise more. This will help you stay fit and healthy.
- 3 REPLY TO MESSAGES FROM ONLINE BULLIES OR PEOPLE WHO SEND YOU NASTY MESSAGES**  
The most important thing to do is to tell a trusted adult and then block the person from contacting you.
- 4 COPY PEOPLE'S WORK ONLINE OR PRETEND IT IS YOURS**  
This is called plagiarism and can get you into a lot of trouble.
- 5 BE MEAN OR NASTY ONLINE**  
Behave online like you would in real life and don't post anything that can make you look like a bad person. Things that you post online can stay there for a very long time.
- 6 USE YOUR DEVICES CLOSE TO BEDTIME**  
This will allow your brain to rest so that you can get a good night's sleep, stay focused at school and perform better in class.
- 7 SHARE PERSONAL INFORMATION ON THE INTERNET WITH STRANGERS**  
Always tell a trusted adult if somebody you don't know asks you for your personal information.

